

CLIFTON PARK BOYS WINTER REC BASKETBALL

8th-9th GRADE DIVISION

updated 11/2025

TIMEKEEPER/SCOREKEEPER RULES

1. (2) 25-minute half's, with a 5-minute half-time break
2. Game should start no later than 15 minutes after the time slotted on the game schedules (so with a 1:30 time slot, the game should start no later than 1:45)
3. (2) 30-second time-out's per team, per half
4. 3-point field goals are allowed
5. Clock is to be run continuously, even during fouls shots, except for:
 - Timeout for player substitutions (every 5 minutes) or coach's timeout
 - Last 1 minute of the 1st half – during foul shots
 - Last 5 minutes of the game (plus OT) - during foul shots
 - Last 2 minutes of the game (plus OT) - clock stops on every dead ball

FOULS

- Team fouls will be tracked - "1 and 1" is awarded upon 7th team foul of the half, double bonus (2 shots) upon 10th team foul. In overtime, the fouls from the 2nd half are carried over.
- Personal fouls will be tracked. 5th foul = a technical foul, so 2 shots and possession of the ball (unless there is a made shot)

PLAYING RULES

- No defensive zones are allowed - only man-to-man defense; double-teams are only allowed in the lane and below the top of the 3-point arc; defender must stay within 10 feet of his man, as long as that man is within the 3-point arc
- Backcourt defense is not allowed. During **the last 2 minutes of the game**, the defense is allowed in the backcourt **ONLY** for the purpose of **giving an intentional foul** - any turnover caused by the defense in the backcourt is nullified.
- Players are rotated every 5 minutes of actual game time; each player plays the entire period – no situational substitutions are allowed during a period
- If a player is injured during his rotation, then his replacement will not be charged with a rotation; however, it has to be an equitable replacement (i.e. a like size/skill player)
- No player can play 2 more or 2 less periods in a game than any other player on the team
- Youth referees will be used, and they are not to be "jockeyed" or harassed. A coach can ask for a reasonable explanation of a call, but the youth refs are not to yelled to or yelled at under any circumstances.
- Fighting can be cause for immediate ejection
- Any ejected player or coach is automatically suspended for his next game; if a player's relative is ejected from a game, then that player is suspended for his next game